



Winter Menu

Monday - Saturday

0900 - 1700

Hot food served until 1500
Take away also available

11 St Thomas Street, Lymington
Tel - 01590 675588

Coffees

decaffeinated and soya also
available

Black or White coffee (with hot or
cold milk) **£1.70**

Coffee with Cream **£1.90**

Cappuccino - coffee topped with
frothed milk **£1.90**

Latte - coffee topped with steamed
milk **£1.95**

Mocha - coffee mixed with chocolate
and topped with frothed milk **£2.20**

Americano - espresso shot with hot
water **£1.90** cream or milk extra **20p**

Espresso - intensely flavoured shot
of coffee **£1.70**

Double Espresso **£1.95**

Macchiato - Espresso shot topped
with thick froth **£1.70**

Extra shot **50p**

Other Hot Drinks

Pot of Tea **£1.50**

Range of 'Numi' Organic
& Herbal Teas **£1.75**

Hot Chocolate **£2.20**

'Ark' Fluffy **50p**

Child's frothed milk with topping

Speciality Soft Drinks

£1.90

Selection of chilled
fruit juices
and pressés
available from
the chilled cabinet

also

Victorian Lemonade *
Ginger Beer*

*contains not more than 0.5% alcohol

Milk Shakes

£2.10

Freshly made with ice cream
Chocolate, vanilla Cream,
Strawberry, Raspberry, Banana

Other Cold Drinks

'Ark' Mixed Fruit Smoothies
Freshly made **£2.20**

Fresh Orange Juice **£1.50**

Canned Drinks **95p**

Milk **£1.00** - Small **80p**

New Forest Spring Water
(Still or Sparkling) **95p**

Sandwich, or Filled Croissant

Served with salad garnish
Sandwiches on granary bread

Egg Mayonnaise
& Tomato £4.60

Dolcelatte Cheese, Blackcurrant
Preserve & Walnut £4.60

Brie, Bacon, Mango & Ginger
Chutney £4.60

Goats Cheese & Red Onion
Marmalade £4.60

'Arke' Chicken
& Pesto Mayonnaise £4.60

Dorset Ham, Salad & Mustard
Mayonnaise £4.60

Tuna Mayonnaise & Salad £4.60

Prawn, Cucumber & Lemon
Mayonnaise
£4.95

Smoked Salmon
& Dill Cream Cheese £4.95

Child's Single filling Sandwich
White or Brown £3.00

Winter 2009/10

Toasted Sandwich or Panini

£5.50 with salad garnish

Home Roasted Vegetables
& Houmous

Mature Cheddar & Tomato
Goats Cheese

& Red Onion Marmalade

Dorset Ham & Mature Cheddar

Extra

Side Salad or Coleslaw £1.00
Fillings 75p

Winter Salads

Salad Leaves, Cucumber & Tomato
served with a choice of mayonnaise
or dressings: Coriander, Lime &
Honey, Caesar Dressing
or 'Arke' Vinaigrette

Roasted Vegetable & Houmous £5.85

Chicken & Bacon £5.85

Dorset Ham & Apple Coleslaw £5.85

Smoked Salmon, Prawn, Egg &
Lemon Mayonnaise £6.95

Soup of the Day

Home-made Special Recipe

Large Bowl with Granary Bread
& Butter £4.25

Continental Breakfast

Croissant with jam, small glass of
orange juice, filter coffee or tea £3.95

Buttered Toast: one round £1.50

two rounds £1.70

with jam or marmalade add 50p

Bacon Sandwich on granary £3.50

Oven Baked Jacket

Potatoes

£5.50 with side salad and coleslaw:

Mature Cheddar Cheese,

Tuna Mayo, Ham & Chutney,
Roasted Vegetables & Houmous

Home Made Quiche

£5.50 see Specials Board

Bakery Treats

Scone with Butter £1.60

Scone with Butter & Jam £2.00

Scone with Butter, Jam & Clotted
Cream £2.50

Toasted Teacake £1.50

Croissant with Butter & Jam £1.75

Homemade Cakes

Please ask for today's selection
or see the cake counter

Served with Cream, Clotted Cream,
Crème Fraîche or Ice Cream add 50p